



## **2023 FSA Claims Processing Changes Notification**

The following changes will be made to our claims processing policy effective 1/1/2023:

- Specialty Foods – Specialty foods will only be reimbursed for *the difference in cost* between the unaltered food and the specialty food version, and only for foods that do not require an alteration to safely consume with a Letter of Medical Necessity from a physician.  
  
\*Example #1: If the food is naturally gluten-free and not requiring an altered version to safely consume, it is NOT considered eligible.  
  
\*Example #2: If loaf of regular white bread costs \$1.99 and the gluten-free white bread version costs \$4.99 you can only be reimbursed for the \$3.00 difference (not the entire \$4.99 cost of the gluten-free version). The employee must submit their receipts with the specialty items circled and the cost of the unaltered food item written beside it from a vendor of their choice.
- Gym memberships/personal training and nutritional/weightloss subscription services are only eligible for reimbursement with a Letter of Medical Necessity from a physician.

A Letter of Medical Necessity (LOMN) must contain the name of the patient, description of medical condition, description of recommended treatment (including the specific service/item, frequency and/or dosage, and duration of treatment).