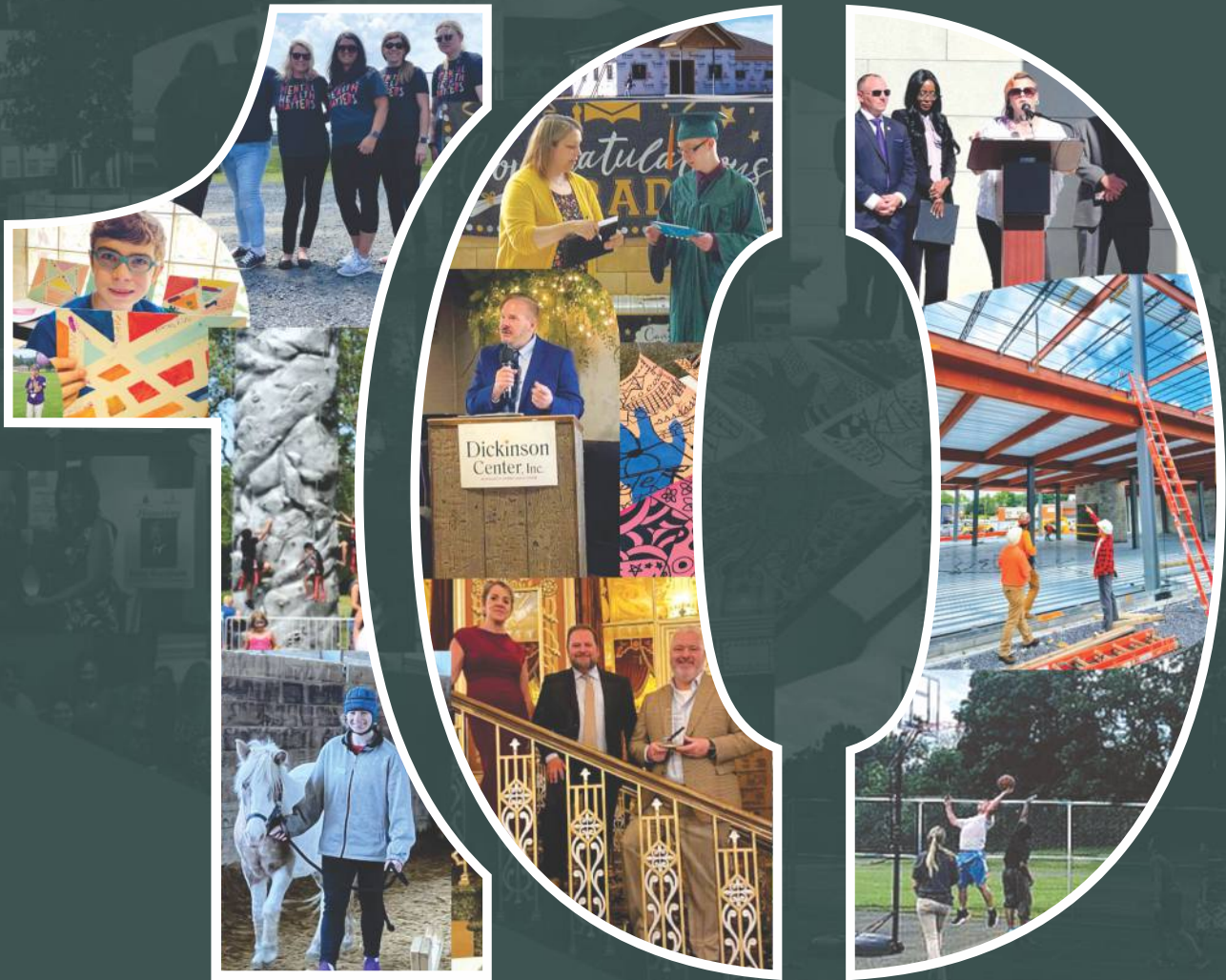
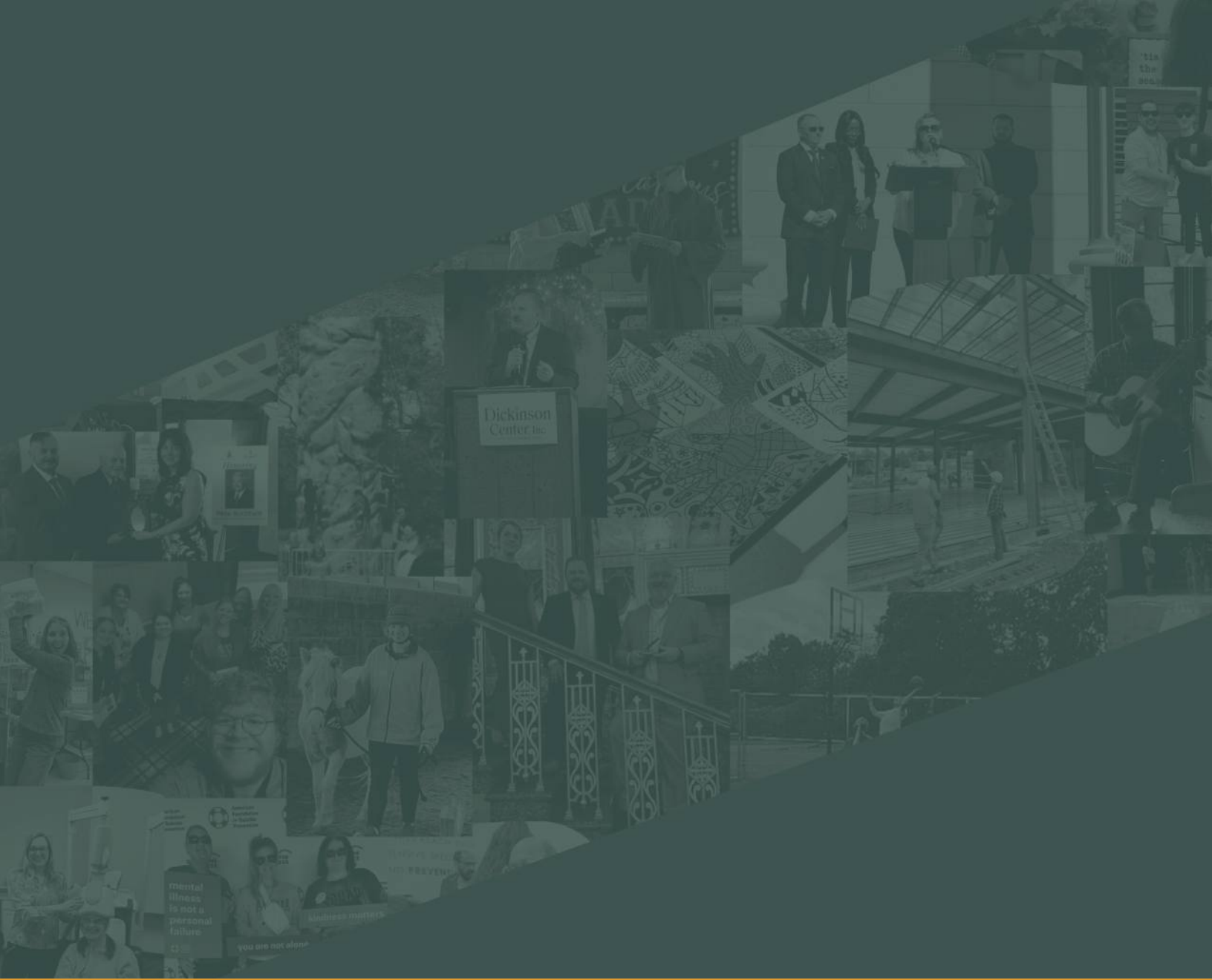




A DECADE OF PARTNERSHIPS & PROGRESS



2025 ANNUAL REPORT



LEADERSHIP MESSAGE

As we celebrate the 10-year anniversary of Journey Health System (JHS) and our affiliates' partnerships, it's essential to take a moment to reflect on the incredible journey we have embarked upon together. This milestone is not just a celebration of a decade in service; it is a heartfelt acknowledgment of our amazing employees who have made our mission a reality through their unwavering commitment and hard work in the communities we serve every single day.

When JHS was established a decade ago, we knew that it is our people—not our corporate structure—that would chart our course to success. It is this belief that has driven us forward, fostering a culture where each individual's contribution is valued and recognized.

However, as we observe this significant achievement, we must also recognize that our course is far from over. There is much left to do. The behavioral healthcare landscape continues to evolve, presenting both challenges and opportunities that demand our collective efforts. As we look ahead, let us recommit ourselves to the aspirations that brought us here—compassion, innovation, and collaboration.

Thank you to everyone who has been an integral part of the past and present JHS family. Your exceptional support and belief in our mission have left a positive impact on many lives. Here's to another "Decade of Partnerships and Progress" together!



Joe Yaros
Board Chair



Guy Signor
President & CEO



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Who we are

JOURNEY HEALTH SYSTEM is an affiliate network comprised of behavioral health companies staffed by nearly 1,000 full-time and part-time individuals. The seven affiliates include six non-profits:

- Beacon Light Adult Residential Services (BLARS)
- Beacon Light Behavioral Health System (BLBHS)
- Deerfield Behavioral Health (DBH)
- Dickinson Center, Inc. (DCI)
- Forest/Warren Mental Wellness Association (FWMWA)
- Stairways Behavioral Health (SBH)

Plus, one for-profit entity that manages a unique "level-of-care" software tool:

- Deerfield Solutions

The Journey Health System Board of Directors includes representatives from each of the member organizations. Together they deliver mental health care to a total of 20 counties across Pennsylvania.

As a 509(a)(3) non-profit organization, Journey Health System functions as the support organization that takes the burden of managing administrative functions away from the affiliated behavioral health organizations and allows them to focus on their mission of providing excellent care.

Journey Health System is designed to ensure better outcomes for clients, families, and the communities served and allows for greater efficiency in the delivery of behavioral health services.

By being a part of Journey Health System, the administrative fees, ideas, and innovative best practices are shared among the group of affiliated companies. Millions of dollars are saved through bulk purchasing power, contract negotiations, and economy-of-scale advantages. This should make each affiliate organization financially stronger and more sustainable for the foreseeable future.

For more information about Journey Health System, visit www.journeyhealth.org.

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Who we serve



8.5K

ADULT
MENTAL HEALTH
CLIENTS



3K

CHILD
MENTAL HEALTH
CLIENTS



72

PROGRAMS
AVAILABLE



83

FACILITIES
ACROSS PA



975

EMPLOYEES
AGENCY-WIDE

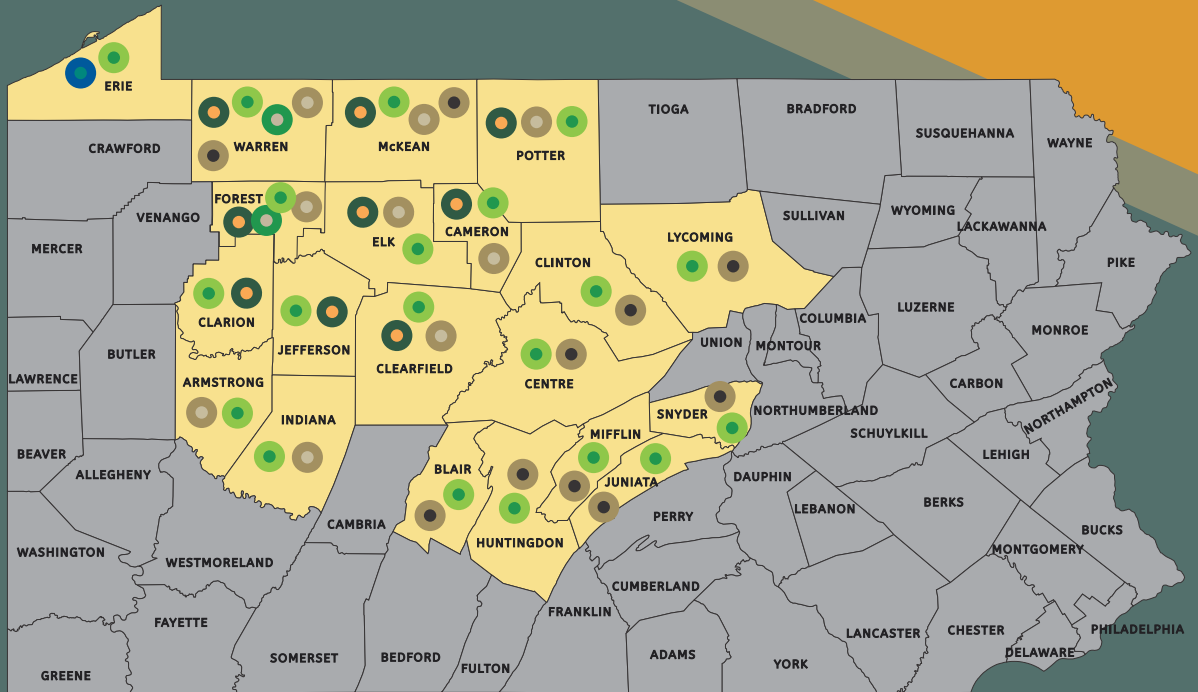


\$311K

UNCOMPENSATED
(CHARITY) CARE
PROVIDED

20
COUNTIES
SERVED

- BEACON LIGHT
ADULT
RESIDENTIAL
SERVICES
- BEACON LIGHT
BEHAVIORAL
HEALTH SYSTEM
- DEERFIELD
BEHAVIORAL
HEALTH
- DICKINSON
CENTER, INC.
- FOREST/WARREN
MENTAL
WELLNESS
ASSOCIATION
- STAIRWAYS
BEHAVIORAL
HEALTH



ERSHIPS & PROGRESS

Boards of Directors



Journey Health System & Deerfield Behavioral Health

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Judy Bodamer
Maurice Cashman
Richard Esch
Joseph Haines
Craig Hartburg
Brian Hennessy, Esq.
Kathleen Jones
Gregory LaRocca
Celene McIntyre
Robert Saunders
Dr. Tony Snow
Thomas Tredway
Joseph Yaros

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Karen Costello-Pecht
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Beacon Light Behavioral Health System

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Dr. Tony Snow
Thomas Tredway
Joseph Yaros

Forest/Warren Mental Wellness Association

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Danielle Flasher
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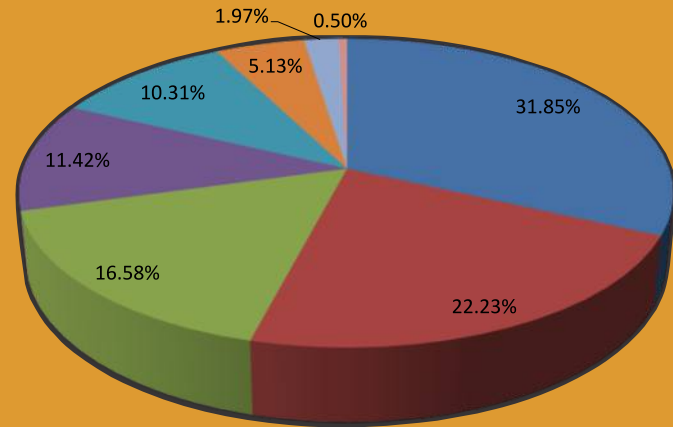
Financials

FISCAL YEAR 2024-2025

Beacon Light Behavioral Health System	\$30,818,626
Stairways Behavioral Health	\$21,510,987
Dickinson Center, Inc.	\$16,047,650
Beacon Light Adult Residential	\$11,053,804
Journey Health System	\$9,978,775
Deerfield Behavioral Health of Warren	\$4,964,313
Deerfield Solutions	\$1,904,803
Forest/Warren Mental Wellness Association	\$485,552

REVENUES

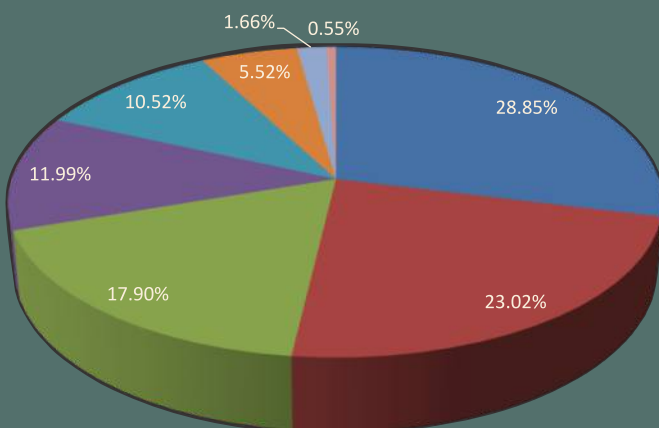
TOTAL: \$96,764,510



**Excludes capital projects*

EXPENSES

TOTAL: \$89,213,371



Beacon Light Behavioral Health System	\$25,733,826
Stairways Behavioral Health	\$20,538,805
Dickinson Center, Inc.	\$15,965,170
Beacon Light Adult Residential	\$10,699,348
Journey Health System	\$9,381,306
Deerfield Behavioral Health of Warren	\$4,925,519
Deerfield Solutions	\$1,478,708
Forest/Warren Mental Wellness Association	\$490,689

**Excludes capital projects*

ERSHIPS & PROGRESS



BEACON LIGHT
ADULT RESIDENTIAL SERVICES

A Safe Haven for Vulnerable Individuals

Since the early 1970s, BEACON LIGHT ADULT RESIDENTIAL SERVICES (BLARS) has been a cornerstone for individuals facing intellectual and developmental disabilities or mental health diagnoses. The organization is renowned for its commitment to providing a nurturing and safe environment where each person can thrive.

Comprehensive Residential Programs

BLARS has established a variety of residentially oriented programs that cater specifically to the unique needs of its clients. These include Intermediate Care Facilities (ICFs), Adult Day Services, Community Waiver Programs, Community Residential Rehabilitation Services (CRRS), and the Community Stabilization and Reintegration Unit (CSRU) located in McClure, PA. Each program is designed to foster an environment where individuals can benefit from “active treatment,” focusing on developing daily living and coping skills in the least restrictive settings possible. This approach not only promotes independence but also cultivates a sense of belonging and community among residents.

Celebrating Recent Successes

Over the past year, BLARS has achieved remarkable milestones, particularly within the Community Stabilization and Reintegration Unit (CSRU). This unit successfully discharged 27 individuals, with 89% of these discharges deemed appropriate as the individuals met their treatment objectives and transitioned back into preferred living arrangements. Additionally, the organization has maintained a high census and stable staffing levels, indicating a robust operational structure ready to support its residents effectively.

Comforting Care

Despite the successes, BLARS faces challenges, especially regarding the aging population and its increasing medical complexities. Several residents encountered significant medical issues leading to hospitalizations; however, proactive communication and careful planning with healthcare providers have ensured that most individuals could return to a familiar and comforting home setting after treatment. This focus on collaborative care exemplifies BLARS's dedication to holistic individual wellness.

Strategic Growth and Future Vision

In collaboration with Strategic Consulting Partners, BLARS is embarking on a transformative journey with a newly developed strategic plan set to cover 2025 to 2027. During this process, staff members engaged in meaningful discussions resulting in the approval of new strategic objectives by the Board of Directors in April 2025. Alongside these objectives, the following revised mission statement was crafted: “BLARS provides residential services to vulnerable individuals in safe, respectful, and healing environments.”

Furthermore, BLARS's waiver programs recently attained the prestigious designation of “Primary Provider” under the Performance Based Contracting system established by the Office of Developmental Programs (ODP). This accomplishment is a testament to BLARS's commitment to accountability and excellence, tying meaningful incentives to performance and ensuring high-quality service delivery for its clients.

BLARS will Continue to Make a Significant Impact

BLARS remains a beacon of hope for adults with intellectual and developmental disabilities and mental health diagnoses through its comprehensive programs, successful initiatives, and strategic growth plans. As the organization navigates future challenges and opportunities, its commitment to fostering a safe, respectful, and healing environment will undoubtedly remain at the forefront of its mission.

Learn more about Beacon Light Adult Residential Services at
www.beacon-light.org/residential-programs-for-adults

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ERSHIPS & PROGRESS

Striving to be a Behavioral Health Provider of Choice



BEACON LIGHT
BEHAVIORAL HEALTH SYSTEM

In an increasingly complex world, mental health care has become a critical pillar for community well-being. BEACON LIGHT BEHAVIORAL HEALTH SYSTEM (BLBHS) stands at the forefront of this essential service, dedicating itself to being the behavioral health provider of choice in its communities. Through a comprehensive range of high-quality services, BLBHS is committed to facilitating recovery while prioritizing personal choice, independence, and self-advocacy among those they serve.

A Commitment to Community-Centered Care

At the heart of BLBHS's mission is a commitment to creating a safe environment where individuals receive the support they need. The agency understands that each person's journey to recovery is unique, which is why offering a continuum of services tailored to individual needs is paramount. By collaborating with community partners, BLBHS enhances the availability of care, ensuring that the most vulnerable populations have access to the resources they require for a productive and meaningful life.

Over the past year, BLBHS has made significant strides toward fulfilling its mission. Notably, the redesign of the Rights and Ethics Committee has increased involvement from consumer and family advocates, fostering a more inclusive approach to decision-making. Furthermore, the continued funding from the Warren County School District for the Elementary Student Assistance Program (SAP) showcases the agency's dedication to supporting youth in their educational journeys.

Innovative Programs and Services

Innovation is key in the field of mental health, and BLBHS has embraced this by launching several new programs and initiatives. The introduction of a Transcranial Magnetic Stimulation (TMS) program at the Warren Outpatient Clinic represents a significant advancement in treatment options. Since its launch in October 2025, eleven individuals have successfully completed TMS treatment, with five currently enrolled and additional referrals pending.

In Bradford, BLBHS launched a satellite outpatient clinic and established a psychiatric rehabilitation program to increase services in the community. These initiatives are vital for increasing accessibility to mental health services and ensuring that individuals can receive care closer to home.

Investing in Staff Development for a Sustainable Future

The success of any organization lies in the strength and dedication of its workforce. Recognizing this, BLBHS prioritizes the ongoing professional development of its staff. Fostering a culture of growth and learning not only enhances service delivery but also solidifies the foundation for long-term stability in the mental health care sector.

In line with this commitment, BLBHS has set forth ambitious goals for the future. Plans include the expansion of psychiatric rehabilitation programs to encompass youth ages 14-17 and the broadening of adult community service lines into McKean County. Additionally, the plans aim to implement strategic initiatives that enhance operational efficiency and continue advocating for critical regulations impacting behavioral health funding.

Looking Ahead: A Vision for Continued Growth

As BLBHS charts its course for the future, it remains steadfast in its mission to provide exemplary behavioral health care. The agency's proactive approach to advocacy, innovation, and workforce development positions it as a leader in the field. With a focus on expanding services and enhancing community partnerships, BLBHS is poised to adapt to evolving challenges while maintaining its commitment to those it serves. Together, with compassion and dedication, BLBHS will continue paving the way for better mental health outcomes in the communities it serves.

Learn more about Beacon Light Behavioral Health System at
www.beacon-light.org

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ERSHIPS & PROGRESS

Navigating Change & Embracing Opportunities

The landscape of mental health and substance use services is undergoing significant transformation. With mounting challenges contrasted by new opportunities, organizations like **DEERFIELD BEHAVIORAL HEALTH (DBH)** are at the forefront of this evolution, striving to enhance care delivery and accessibility.

Connecting Mental Health and Substance Use Disorders

A considerable number of individuals face the dual challenge of mental health disorders alongside substance use disorders. Research indicates that adults grappling with mental illness, such as depression or anxiety, are markedly more likely to engage in illicit drug use than those without such conditions. This intersection is critical, as it underscores the necessity for integrated treatment approaches. By recognizing and addressing the intertwined nature of these issues, DBH aims to provide a holistic care model that fosters lasting recovery.

This year, the alarming trend of opioid-related overdoses continues to dominate discussions in mental health circles, particularly with substances like fentanyl being mixed with other drugs unbeknownst to users. DBH and their Deerfield Centers for Addictions Treatment (DCAT), have been serving those struggling with substance abuse since 1993, providing essential services such as assessments, therapy, and medication-assisted treatment. Harm reduction strategies emphasizing increased access to naloxone and educational resources are also crucial in curbing overdoses and improving the safety of vulnerable populations.

Enhancing Access and Equity in Care

Many individuals encounter financial and insurance hurdles, compounded by a shortage of qualified mental health professionals. DBH is dedicated to dismantling these barriers, focusing particularly on underserved regions and rural communities. By advocating for equitable access to integrated care, DBH seeks to ensure that every individual receives the support he or she needs, irrespective of background.

Services Tailored to Community Needs

At DBH, its mission revolves around delivering comprehensive, accessible, and compassionate psychiatric care. It prides itself on offering a unique blend of diagnostic, therapeutic, and contract behavioral health services with multiple offices across western and central Pennsylvania.

In the past year, DBH successfully expanded its team, recruiting additional psychiatrists, certified mental health nurse practitioners, and certified physician assistants. This growth not only increases patient capacity but also enriches the quality of care delivered, solidifying DBH's role as a critical resource for individuals in need within the communities it serves.

Looking Forward: A Commitment to Excellence and Recovery

Deerfield Behavioral Health is excited about the future and is committed to promoting long-term wellness, recovery, and dignity for each person it serves. By continuing to strengthen partnerships with public and private organizations across 23 counties in northwestern and central Pennsylvania, DBH aims to build a robust provider practice that supports mental health and substance use recovery.

Learn more about Deerfield Behavioral Health at
www.deerfieldbehavioralhealth.org



deerfield
behavioral health
Welcomes...



Joshua Halbauer, MD



Vikram Panwar, MD, MPH



Abby Wenzel, CRNP



ERSHIPS & PROGRESS

Celebrating Progress

The past year for **DICKINSON CENTER, INC. (DCI)** has been one of remarkable achievements and steadfast commitment to enhancing behavioral health services in the community. At the heart of this transformation is the construction and completion of the new centralized office location in St. Marys.

The Journey to a New Office Space

The quest for a more suitable office space for DCI's St. Marys programs has spanned nearly a decade. Initially, DCI sought an existing building that could accommodate its needs. However, after extensive searching and considering multiple properties, it became evident that the ideal structure—one that met both size and budgetary requirements—simply did not exist.

Faced with this reality, DCI made the strategic decision to construct a new facility. The objective was to find a location that would be accessible to consumers. The team successfully selected a site at the corner of Railroad and Market Streets.

Overcoming Challenges

No journey is without its obstacles, and the construction phase was undeniably affected by the global pandemic and rising costs. Yet, in the field of behavioral health, adaptability is key. DCI embraced these challenges head-on, demonstrating resilience throughout the process. By June 2025, staff from various programs—including Parents as Teachers, the Children's Center, school-based staff, and the Crossroads program—moved into the new space, followed by the Outpatient Services, on July 11, 2025.

This modern facility consolidates what were once three separate rental locations, providing a cohesive environment designed to meet the specific needs of the programs and, most importantly, the consumers it serves.

Strategic Growth: Looking Ahead with Optimism

Beyond the new office location, DCI has also embarked on updating its strategic plan in collaboration with other affiliates within the Journey Health System. This comprehensive plan outlines key areas of focus over the next three years, including enhancing and expanding service offerings, strengthening financial sustainability through continual evaluation of service lines, and exploring new funding opportunities.

Moreover, DCI aims to cultivate a culture of engagement, collaboration, and innovation among its staff and the wider community. Despite the uncertainties surrounding funding streams and the broader challenges faced within the industry, there is a strong sense of optimism about the organization's future. The leadership teams and staff at both DCI and Journey Health are dedicated and committed; fostering confidence in the path forward.

A Vivid Future Ahead

As DCI continues its journey, the successful completion of the new St. Marys office—and the invaluable support from the community which helped raise \$1.5 million, exceeding the original goal of \$1 million—has set a solid foundation for future endeavors. With a renewed vision and a robust strategic plan, DCI is poised for growth and is fully equipped to enhance the lives of those it serves. This year has proven that with determination, support, and a clear direction, transformation is not only possible but thriving.

Learn more about Dickinson Center, Inc. at
www.dickinsoncenter.org



ERSHIPS & PROGRESS

Supporting Independence

forest/warren
mental wellness association

The FOREST/WARREN MENTAL WELLNESS ASSOCIATION (FWMWA), nestled in the heart of Warren, Pennsylvania, has had another productive year dedicated to enhancing the lives of mentally challenged individuals in the community. As a consumer-run organization integrated within the Journey Health System, FWMWA focuses on empowering its members by providing essential life skills and support to help them thrive independently.

A Hub of Connection and Learning: The Friendship House/Drop-In Center

At the core of FWMWA's mission is the Friendship House/Drop-In Center, a welcoming space open to everyone from Monday to Friday, 8:30 a.m. to 4:30 p.m. This vibrant hub encourages social interaction and personal growth, where individuals from the Warren State Hospital and the broader community gather to forge friendships, learn new skills, and engage in various activities. With amenities like a snack bar, beverage counter, pool table, dart board, and foosball table, the center is designed to cater to diverse interests and needs.

Special events, such as karaoke and BINGO every Friday from 1:00 to 2:00 p.m., create an atmosphere of fun and camaraderie that keeps participants returning for more. Additionally, the cooking class held on Wednesdays from 11:00 a.m. to noon is a fantastic opportunity for community members to learn valuable kitchen skills while enjoying each other's company.

Addressing Social Determinants of Health

FWMWA extends its impact through the Community Based Care Management program, which addresses critical Social Determinants of Health within Warren and Forest counties. By focusing on pressing issues such as homelessness, housing, and transportation, FWMWA provides a lifeline to individuals in need. Services include rental assistance, utility vouchers, clothing, and food support, ensuring that community members have access to essential resources for a healthier, more stable lifestyle.

Empowerment through Fairweather Lodges

Another vital component of FWMWA's offerings is the Fairweather Lodges—one for women and one for men. These shared housing and vocational programs are rooted in the principles of self-governance and interdependence. Participants share equal responsibility in managing household tasks, establishing policies, and overseeing financial matters, thereby fostering a sense of community and collaboration. The Fairweather Lodges provide a supportive environment where members can pursue their aspirations of independent living and employment.

A New Focus on Vocational Training

Despite the successes, FWMWA has faced challenges, particularly with the recent closure of the WellSpring business, which had provided cleaning and landscaping services. This shift has necessitated a refocus toward vocational education and training for participants. The program's Vocational Coordinator is committed to guiding individuals in securing employment opportunities through collaborations with PA CareerLink® and local temp agencies, ensuring that those they serve continue to progress toward meaningful work.

Building Brighter Futures Together

As FWMWA continues its vital work, the unwavering commitment to supporting mentally challenged individuals is evident. Together, with compassion and dedication, they are building brighter futures for all.

Learn more about Forest/Warren Mental Wellness Association at
www.fwmwa.org

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ERSHIPS & PROGRESS

A Pillar of Mental Healthcare in Erie

Since its establishment in 1961, STAIRWAYS BEHAVIORAL HEALTH (SBH) has dedicated itself to providing compassionate mental healthcare to the Erie community. With a mission centered on innovation and collaborative partnerships, SBH has firmly established itself as one of the largest mental healthcare agencies in the region. As community needs evolve, so too does SBH's commitment to delivering quality services that support mental health and substance use recovery.

Innovative Programs Tailored to Community Needs

In the past year, SBH has made significant strides in enhancing its service offerings. Notably, the expansion of the Outpatient Drug and Alcohol Program has played a crucial role in addressing substance use issues prevalent in the community. Furthermore, the introduction of Medication-Assisted Treatment, including Brixadi®, marks a progressive step towards incorporating cutting-edge practices into treatment plans. This initiative reflects SBH's dedication to evidence-based approaches that provide clients with effective tools for recovery.

Additionally, recognizing the growing demand for psychosocial rehabilitation, SBH has bolstered its Psychiatric Rehabilitation Program by introducing new therapeutic groups, which meet twice weekly. Feedback from participants has been overwhelmingly positive, underscoring the importance of group-based treatments in enhancing mental well-being.

Collaborative Partnerships for a Brighter Future

Collaboration is at the heart of SBH's approach. Throughout the year, SBH has strengthened partnerships with organizations such as the Erie County Office of Mental Health and Intellectual Disabilities, the Mental Health Association, NAMI of Erie County PA, and Erie County Office of Drug and Alcohol Abuse. Additionally, the SBH Assertive Community Treatment (ACT) was asked to join an Erie Together cohort aimed at identifying staff recruitment and retention strategies for their program. These alliances foster a unified front in tackling mental health challenges and enhancing community resilience.

Community Recognition and Engagement

The impact of SBH's tireless efforts has not gone unnoticed. In October 2024, the Mayor's Office of Erie honored SBH with a proclamation recognizing its long-standing commitment to serving Erie County residents. Such accolades reflect the trust and appreciation the community has for SBH's work. This sentiment was further echoed during the August 2024 Erie Gives campaign, when SBH celebrated its second-highest year of contributions, showcasing strong public engagement and support.

To ensure that more people are aware of its offerings, SBH has undertaken strategic marketing initiatives. Through radio broadcasts in collaboration with local stations and eye-catching billboards displayed throughout Erie. These efforts are part of a broader campaign to increase visibility and accessibility of care.

Engagement beyond Mental Health Services

SBH also believes in giving back to the community beyond its clinical services. As part of the Adopt-a-Highway program, SBH sponsors a 1.5-mile section of East 38th Street, demonstrating its commitment to environmental stewardship. Additionally, partnerships with local sports teams like the Erie Otters allow SBH to engage with the community in fun and meaningful ways.

A Commitment to Continuing Care

As SBH moves forward, its unwavering commitment to providing comprehensive mental healthcare remains steadfast by providing hope and support for those navigating their mental health journeys in Erie County.

Learn more about Stairways Behavioral Health at
www.stairwaysbh.org

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Join Us in Realizing Our Vision for the Future.

Ways you can help:



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- Submit a gift payable to any of our affiliates using the enclosed envelope.
- Make a check payable to any of our affiliates & mail it to:

Journey Health System
Attn: Institutional Advancement Office
47 Beacon Light Way
Bradford, PA 16701



DONATE ONLINE:

www.givetobeaconlight.org
www.givetodickinson.org
www.givetostairways.org
www.fwmwa.org



INVEST IN OUR MISSION:

Remember one of our affiliates in your overall estate or financial plans (visit the websites above and call 814-776-0254 for details)



DONATE BY PHONE:

Call 814-776-0254



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Stay updated on Facebook and share our news with friends.



GET INVOLVED:

Volunteer or intern with us by contacting info@journeyhealth.org.

*100% of gifts are used exclusively at the designated affiliate organization.

These pages list the key donors for each of Journey's affiliates from July 1, 2024 to June 30, 2025.

Journey Health System gratefully acknowledges all of our generous benefactors. To the best of our knowledge, the information in our Annual Report accurately reflects our records. We recognize, however, that omissions or errors, while regrettable, inadvertently may occur. If you find any inaccuracies, please notify Institutional Advancement at 814-776-0254.

Beacon Light, Dickinson Center, Inc. and Stairways Behavioral Health are 501 (c) 3 organizations, contributions to which are tax deductible as permitted by law. The official registration and financial information of these agencies may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

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