



FREE WORKSHOPS

For Elk County Parents & Guardians

*Group Triple P -
Takes the guesswork out of parenting while
connecting with other Elk County parents.*



****New Program****

Triple P Group 0-12 for Children Ages 0-12

- Receive support to help you manage your child's behavior
- Become confident as a parent
- Prevent problems that make your family life stressful



Triple P Group Teen for Teens Ages 12-16

- Build a better relationship with your teenager
- Reduce conflict & improve communication
- Increase good behavior, manage challenges, and prepare for risky behaviors

DATE:

Spring and Fall workshops
5 group sessions & 3 Individual sessions

PLACE:

Community Education Center (C.E.C.)
4 Erie Ave., St. Marys, PA

SPACE IS LIMITED TO 12 PARTICIPANTS PER PROGRAM!

REGISTER TODAY AT:

814.834.2602 or
cpahel@dickinsoncenter.org

**Upon completion
of a program,
each participant
will receive a
\$25 gift card of
their choice to
Walmart, Sheetz,
or Elk County
Foods!**


Dickinson Center, Inc.
An affiliate of Journey Health System