



# FREE WORKSHOPS

## For Elk County Parents & Guardians

*Group Triple P -  
Takes the guesswork out of parenting while  
connecting with other Elk County parents.*



***\*\*New Program\*\****

### Triple P Group 0-12 for Children Ages 0-12

- Receive support to help you manage your child's behavior
- Become confident as a parent
- Prevent problems that make your family life stressful



### Triple P Group Teen for Teens Ages 12-16

- Build a better relationship with your teenager
- Reduce conflict & improve communication
- Increase good behavior, manage challenges, and prepare for risky behaviors

**DATE:**

**Spring and Fall workshops**  
*5 group sessions & 3 Individual sessions*

**PLACE:**

**Community Education Center (C.E.C.)**  
**4 Erie Ave., St. Marys, PA**

SPACE IS LIMITED TO 12 PARTICIPANTS PER PROGRAM!

**REGISTER TODAY AT:**

**814.834.2602 or**  
**[cpahel@dickinsoncenter.org](mailto:cpahel@dickinsoncenter.org)**

**Upon completion  
of a program,  
each participant  
will receive a  
\$25 gift card of  
their choice to  
Walmart, Sheetz,  
or Elk County  
Foods!**

  
**Dickinson Center, Inc.**

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