- Will provide counseling/therapy to individuals, couples, and families
 - Someone you can work with to address emotional concerns and develop strategies & understanding that may be helpful
- Staff are self-identified as having mental health (shared experience)
- Meets with you in your home and/or community
- Provides support
- Works with you on coping skills such as Wellness Tools or a Wellness Recovery Action Plan (WRAP)
- Assists with socialization and participating in community activities

THERAPIST

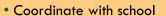
BLENDED CASE MANAGER

- Assist in developing goals based on consumer's needs and desires
- Refer to & coordingte services
- Link to community resources
- Provides wellness coaching
- Empower to be self-relignt

BCM is unable to provide transportation, but will assist in providing you with alternative options or plan.

Availability of reaching **BCM on Call via Crisis Hotline:** 1-800-652-0562

- Skill building in home or community
- Independent living skills such as:
 - Organization
 - Shopping/budgeting
 - Employment & educational skills
- Much more...



ATA

OVR/CareerLink

 County Assistance Office Social Security Administration

• Elk County Housing Authority

Employment Support Services

Cam/Elk Behavioral & Developmental

Linking to programs such as:

- MH Specialist

Programs

And more...

Homeless Shelters

community nurses

Area Agency on Aging

- HOPE Program
- Family Based Services
- Child & Adolescent Social Service Program (CASSP)
 - Therapeutic Staff Support (TSS)
 - Behavioral Specialist Consultant (BSC)
 - Crossroads Program
 - Intensive Outpatient Program
 - Community School Based **Behavioral Health** (CSBBH)
- One-on-one coaching from experienced nurse
- Education on medications
- Learn to fill your own medication box regularly, as well as calling in your own scripts
- Direct collaboration with prescribing doctor



- Specialists
- Dentist
- Eye Doctor



- Recovery-focused skill building
- Routine-oriented
- Positive supports
- Fun environment for adults

BLENDED CASE MANAGEMENT

PH: (814) 776.2145

Dickinson Center, Inc. JOURNEY & SYSTEM